*Scope and Sequence – FACS Grade 5*

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| Unit Title  & Timeframe | Unit Topics & Goals |
| Unit 1: Biographical Poems and Creatures  4 class periods | Students will be able to:   * Express goals, values, and interests * Effectively use verbal, non-verbal and non-linguistic communication skills |
| Unit 2: Friendship Chain  3 class periods | Students will be able to:   * Communicate to positively develop verbal and non-verbal methods of interaction. * Apply the decision making process in a logical, sequential manner. * Determine the qualities that make a worthwhile friend. * Express positive feelings toward another person and build class unity. |
| Unit 3: Refusal Skills  2 class periods | Students will be able to:   * Define the terms ‘peer’ and ‘peer pressure.’ * Analyze the positive and negative aspects of peer pressure and develop ways to assert individual choice within the peer group structure. * Evaluate a situation involving negative peer pressure. * Differentiate among passive, assertive and aggressive responses to peer pressure. * Integrate assertiveness and refusal skills to mitigate negative peer pressure. |
| Unit 4: “I” Statements  2 class periods | Students will be able to:   * Know the four steps of the “I” statement process. * Understand how to avoid/resolve conflicts by focusing on specific actions versus personal attacks. * Write and demonstrate “I” statements. * Turn “You” statements to “I” statements. * Mitigate conflict * Express what is needed from another individual |
| Unit 5: Decision Making Process  4 class periods | Student will be able to:   * Identify a problem * Brainstorm alternatives * Use process of elimination * Prioritize * Evaluate positive and negative consequences * Weigh risk * Identify values * Reflect on past decisions and action plans |
| Unit 6: Nutrition and Wellness  15 class periods | Students will be able to:   * Understand the elements of good nutrition to plan appropriate diets for themselves and others. * Know and use the appropriate tools and technologies for safe and healthy food preparation. |